

## SYSTEMATIC OBSERVATIONS – ADAPTIVE BEHAVIOR

### Age range – Birth through 5 years

(Additional Documentation of Adaptive Behavior Functioning in Home or School)

Student \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_ Grade \_\_\_\_\_

Compare **Target Student** (whose name is above) with peer of same age (**Control Student**). Control Student should have approximately age appropriate skills. **Mark Y (yes), N (no), or NK (not known)** for each behavior on both students. Some items can be completed by interview with caretaker/teacher.

| <b>Area: Communication</b>                                    | <b>Target</b> | <b>Control</b> | <b>Examples of “N” Marked items for Target Student</b> |
|---|---------------|----------------|--|
| 1. Turns head toward speaker when name is called              |               |                |  |
| 2. Shakes head yes or no in response to simple question       |               |                |  |
| 3. Says 10 understandable words                               |               |                |  |
| 4. Asks simple questions (for example “What’s that?”)         |               |                |  |
| 5. Uses sentences with a noun and a verb                      |               |                |  |
| 6. Listens to a story for 5 minutes                           |               |                |  |
| 7. Speaks in full sentences                                   |               |                |  |
| 8. States first and last name when asked                      |               |                |  |
| <b>Area: Self-Care</b>  | <b>Target</b> | <b>Control</b> | <b>Examples of “N” Marked items for Target Student</b> |
| 1. Swallows soft food   |               |                |  |
| 2. Drinks from cup unassisted                                 |               |                |  |
| 3. Feeds self with spoon with little spilling                 |               |                |  |
| 4. Indicates that pants or diaper are wet or soiled           |               |                |  |
| 5. Buttons coat   |               |                |  |
| 6. Is toilet trained during day                               |               |                |  |
| 7. Ties shoes   |               |                |  |
| 8. Can find restroom unassisted                               |               |                |  |
| <b>Area: Social Skills</b>                                    | <b>Target</b> | <b>Control</b> | <b>Examples of “N” Marked items for Target Student</b> |
| 1. Smiles at others   |               |                |  |
| 2. Reaches for a person                                       |               |                |  |
| 3. Says “hello” or “goodbye” to others appropriately          |               |                |  |
| 4. Uses names of others                                       |               |                |  |
| 5. Takes part in simple group games (tag, follow the leader)  |               |                |  |
| 6. Seeks friendships with others in age group                 |               |                |  |
| 7. Doesn’t invade others personal space                       |               |                |  |
| 8. Apologizes when appropriate                                |               |                |  |
| <b>Area: Physical Development</b>                             | <b>Target</b> | <b>Control</b> | <b>Examples of “N” Marked items for Target Student</b> |
| 1. Sits without support.                                      |               |                |  |
| 2. Walks without support                                      |               |                |  |
| 3. Picks up small objects with hand                           |               |                |  |
| 4. Kicks ball   |               |                |  |
| 5. Runs smoothly, with changes in speed & direction           |               |                |  |
| 6. Walks up & down stairs by alternating feet (may hold rail) |               |                |  |
| 7. Hops on one foot   |               |                |  |
| 8. Draws a circle   |               |                |  |