

**Adaptive Functioning in Home or School
11 years and older**

Student Name: _____

Date: _____

Parent: _____

Please check any item below if it is of concern (√).
Please mark a (+) if this is a strength for the student.
Leave blank if it is an average skill.

Communication:

- Speaks in full sentences
- Stays on topic in conversations
- Describes a realistic long-range goal and how will accomplish it
- Able to relate a story or event in order
- Vocabulary seems appropriate for age

Self-Care:

- Independently gets out of bed and dressed on time
- Takes care of personal hygiene, including bathing, brushing teeth, combing hair

Daily Living:

- Prepares simple foods
- Helps with simple household chores
- Uses simple appliances (toaster, can opener)
- Uses a microwave
- Able to make his/her bed
- Able to sort, wash, and fold clothes
- Makes phone calls to others

Social Skills:

- Meets with friends regularly
- Has one or more close friend(s)
- Enjoys the company of other children
- Chooses not to say embarrassing things in public
- Keeps comfortable distance when talking to others

Community Use:

- Orders own meal at a restaurant
- Pays for purchases with money
- Carries money safely
- Understands different denomination of bills
- Tells time accurately
- Has a part-time job (ex. babysitting, mowing lawns)
- Uses a calendar
- Has a driver's license

Self-Direction:

- Follows through with tasks
- Able to complete homework independently
- Keeps working on a task even when difficult
- Asks for help when needed
- Completes tasks in a reasonable amount of time
- Controls anger when denied his/her own way
- Apologizes when appropriate

Health and Safety:

- Respects personal space of others
- Follows safety rules when playing outside
- Shows caution around dangerous activities
- Knows what to do in case of illness or injury
- Takes necessary medication as prescribed

Play and Leisure:

- Shows interest in the activity of peers
- Able to join groups
- Plays simple games which require keeping scores
- Participates in extracurricular activity (ex., sports, church-related, music)
- Goes places with peers in the evening with adult supervision (ex. sporting events, movie)